



# PSHE

## **Dreams and Goals**

# Learning Intentions:

- Know how to set simple goals.
- Know how to achieve a goal.
- Know how to work well with a partner.
- Know that tackling a challenge can stretch their learning.
- Know how to identify obstacles, which make achieving their goals difficult, and work out how to overcome them.
- Know when a goal has been achieved.

<u>Positive</u> <u>Affirmation</u>: I always try my best in everything I do.

#### Social and Emotional Development Outcomes:

- Recognise things that they do well.
- Explain how they learn best.
- Celebrate an achievement with a friend.
- Recognise their own feelings when faced with a challenge.
- Recognise their own feelings when they are faced with an obstacle.
- Recognise how they feel when they overcome an obstacle.
- Can store feelings of success so that they can be used in the future.

Imagine Try New Things Work Hard Don't Give Up

#### Key Vocabulary:

Proud, Success, Achievement, Goal, Treasure, Coins, Goal, Learning, Stepping-stones, Process, Working together, Team work, Celebrate, Learning, Stretchy, Challenge, Feelings, Obstacle, Overcome, Achieve, Dreams, Goals.



## PSHE

## **Dreams and Goals**

# Learning Intentions:

- Know how to choose a realistic goal and think about how to achieve it.
- Know that it is important to persevere.
- Know how to recognise what working together well looks like.
- Know what good group working looks like.
- Know how to share success with other people.

Positive Affirmation: I can share my success with others.

#### Social and Emotional Development Outcomes:

- Be able to describe their own achievements and the feelings linked to this.
- Recognise their own strengths as a learner.
- Recognise how working with others can be helpful.
- Be able to work effectively with a partner.
- Be able to choose a partner with whom they work well.
- Be able to work as part of a group.
- Recognise how it feels to be part of a group that succeeds and store this feeling.

Imagine Try New Things Work Hard Don't Give Up

#### Key Vocabulary:

Realistic, Proud, Success, Celebrate, Achievement, Goal, Strength, Persevere, Challenge, Difficult, Easy, Learning Together, Partner, Teamwork, Product.





## PSHE

### **Dreams and Goals**

# Learning Intentions:

- Know about specific people who have overcome difficult challenges to achieve success.
- Know what dreams and ambitions are important to them.
- Know how they can best overcome learning challenges.
- Know that they are responsible for their own learning.
- Know what their own strengths are as a learner
  - Know what an obstacle is and how they can hinder achievement.
- Know how to take steps to overcome obstacles.
- Know how to evaluate their own learning progress and identify how it can be better next time.

<u>Positive</u> <u>Affirmation</u>:

I am responsible for my own success.



#### Social and Emotional Development Outcomes:

- Recognise other people's achievements in overcoming difficulties.
- Imagine how it will feel when they achieve their dream/ambition.
- Can break down a goal into small steps.
- Recognise how other people can help them to achieve their goals.
- Can manage feelings of frustration linked to facing obstacles.
- Can share their success with others.
- Can store feelings of success (in their internal treasure chest) to be used at another time.

Imagine Try New Things Work Hard Don't Give Up

#### Key Vocabulary:

Perseverance, Challenges, Success, Obstacles, Dreams, Goals, Ambitions, Future, Aspirations, Decorate, Team work, Enterprise, Design, Cooperation, Product, Strengths, Motivated, Enthusiastic, Excited, Efficient, Responsible, Frustration, 'Solve It Together' Technique, Solutions, Review, Learning, Celebrate, Evaluate.





## PSHE

## **Dreams and Goals**

#### Year 4

# Learning Intentions:

- Know what their own hopes and dreams are.
- Know that hopes and dreams don't always come true.
- Know that reflecting on positive and happy experiences can help them to counteract disappointment.
- Know how to make a new plan and set new goals even if they have been disappointed.
- Know how to work out the steps they need to take to achieve a goal.
- Know how to work as part of a successful group.
- Know how to share in the success of a group.

Positive<br/>Affirmation:I deserve to<br/>accomplish<br/>my goals.

#### Social and Emotional Development Outcomes:

- Can talk about their hopes and dreams and the feelings associated with these.
- Can identify the feeling of disappointment.
- Can identify a time when they have felt disappointed.
- Be able to cope with disappointment.
- Help others to cope with disappointment.
- Can identify what resilience is.
- Have a positive attitude.
- Enjoy being part of a group challenge.
- Can share their success with others.
- Can store feelings of success (in their internal treasure chest) to be used at another time.

Imagine Try New Things Work Hard Don't Give Up

### Key Vocabulary:

Dream, Hope, Goal, Determination, Perseverance, Resilience, Positive attitude, Disappointment, Fears, Hurts, Positive experiences, Plans, Cope, Help, Self-belief, Motivation, Commitment, Enterprise, Design, Cooperation, Success, Celebrate, Evaluate.





## PSHE

#### **Dreams and Goals**

#### Year 5

# Learning Intentions:

- Know that they will need money to help them to achieve some of their dreams.
- Know about a range of jobs that are carried out by people I know.
- Know that different jobs pay more money than others.
- Know the types of job they might like to do when they are older.
- Know that young people from different cultures may have different dreams and goals.
- Know that communicating with someone from a different culture means that they can learn from them and vice versa.
- Know ways that they can support young people in their own culture and abroad.

Positive Affirmation: I believe in myself and my ability to succeed.

#### Social and Emotional Development Outcomes:

- Verbalise what they would like their life to be like when they are grown up.
- Appreciate the contributions made by people in different jobs.
- Appreciate the opportunities learning and education can give them.
- Reflect on the differences between their own learning goals and those of someone from a different culture.
- Appreciate the differences between themselves and someone from a different culture.
- Understand why they are motivated to make a positive contribution to supporting others.

Imagine Try New Things Work Hard Don't Give Up

#### Key Vocabulary:

Dream, Hope, Goal, Feeling, Achievement, Money, Grown Up, Adult, Lifestyle, Job, Career, Profession, Money, Salary, Contribution, Society, Determination, Perseverance, Motivation, Aspiration, Culture, Country, Sponsorship, Communication, Support, Rallying, Team Work, Cooperation, Difference.





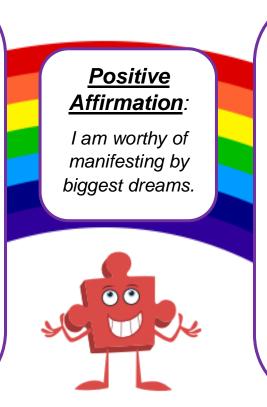
## PSHE

## **Dreams and Goals**

#### Year 6

## Learning Intentions:

- Know their own learning strengths.
- Know how to set realistic and challenging goals.
- Know what the learning steps are they need to take to achieve their goal.
- Know a variety of problems that the world is facing.
- Know how to work with other people to make the world a better place.
- Know some ways in which they could work with others to make the world a better place.
- Know what their classmates like and admire about them.



#### Social and Emotional Development Outcomes:

- Understand why it is important to stretch the boundaries of their current learning.
- Set success criteria so that they know when they have achieved their goal.
- Recognise the emotions they experience when they consider people in the world who are suffering or living in difficult circumstances.
- Empathise with people who are suffering or living in difficult situations.
- Be able to give praise and compliments to other people when they recognise that person's achievements.

Imagine Try New Things Work Hard Don't Give Up

#### Key Vocabulary:

Dream, Hope, Goal, Learning, Strengths, Stretch, Achievement, Personal, Realistic, Unrealistic, Feeling, Success, Criteria, Learning steps, Money, Global issue, Suffering, Concern, Hardship, Sponsorship, Empathy, Motivation, Admire, Respect, Praise, Compliment, Contribution, Recognition.





## PSHE

**Dreams and Goals** 

#### Whole School

#### Weekly Celebration:

- Week 1 Stay motivated when doing something challenging.
- Week 2 Keep trying even when it is difficult.
- Week 3 Work well with a partner or in a group.
- Week 4 Have a positive attitude.
- Week 5 Help others to achieve their goals.
- Week 6 Are we working hard to achieve our dreams and goals?

#### Links to Our British Values:

- Individual Liberty having the freedom to choose our own paths in life, set our own goals and pursue our own dreams big or small.
- Mutual Respect celebrating our own successes as well as our peers and respecting their own dreams and goals regardless how different they are from our own.

#### Links to Relationship and Health Education:

#### By the end of Primary, pupils should know:

- That families are important for children growing up because they can give love, security and stability.
- That stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up.
- The characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties.
- The importance of self-respect and how this links to their own happiness.